

# PURE PRECISION

HEALTH BEAUTY PMU

*with Natasha K*

## **Preparing for your appointment.**

Take a moment to reflect on your desired eyebrow goals and any concerns you may have. During our consultation, we'll discuss your preferences and customize a plan to achieve your desired look.

**Avoid Tweezing/Waxing:** To ensure optimal results, refrain from tweezing or waxing your eyebrows for at least 1-2 weeks before your appointment. This allows for better shaping and ensures we have enough hair to work with. I recommend you get your brows shaped and waxed by me before your appointment.

**Avoid Blood-Thinning Medications:** If possible, avoid blood-thinning medications, such as aspirin or ibuprofen, for a few days

before your appointment to minimize bleeding and bruising during the procedure.

**Hydrate:** Keeping your skin well-hydrated can improve healing and enhance the results of your eyebrow enhancement. Drink plenty of water in the days leading up to your appointment.

**Arrive Prepared:** Please arrive on time for your appointment and come with clean skin, free of makeup or skincare products. This ensures a smooth and efficient procedure.

**Communicate:** Don't hesitate to communicate any questions, concerns, or preferences you have during your appointment. Your satisfaction is my priority, and I'm here to ensure you love the results.

By following these simple steps, you'll be well-prepared for your eyebrow enhancement appointment, and we'll work together to achieve beautiful, personalized results.