

# PURE PRECISION

HEALTH BEAUTY PMU

*with Natasha K*

## Aftercare

Aftercare Instructions and What to Expect for Brows and Lips:

**Initial Healing Period:** After your eyebrow and lip enhancement procedures, expect some swelling, redness, and tenderness in the treated areas. This is normal and should subside within a few days.

**Avoid Touching:** To promote proper healing, refrain from touching or rubbing the treated areas with your hands. This helps prevent infection and ensures the pigment settles evenly.

**Keep the Areas Dry:** For the first few days and up to a week post-procedure, avoid getting the treated areas wet to prevent pigment loss. This includes avoiding swimming, saunas, and heavy sweating.

**Apply Healing Balm:** Your PMU artist will provide you with a healing balm to apply to the treated areas as directed. This helps soothe the skin and promote

healing.

**Protect from Sun Exposure:** Shield your eyebrows and lips from direct sunlight and tanning beds during the healing process. UV exposure can cause the pigment to fade prematurely.

**Follow-Up Appointment:** Your brows and lips may appear darker immediately after the procedure but will soften and lighten as they heal. Plan for a follow-up appointment in 4-6 weeks to touch up any areas and ensure optimal results.

**Long-Term Care:** To prolong the longevity of your enhancements, avoid using exfoliating skincare products and harsh chemicals on or near the treated areas. Keep the skin hydrated with regular moisturizing.

By adhering to these aftercare instructions and understanding the healing process, you can enjoy beautiful, long-lasting results from your eyebrow and lip enhancement procedures.